**A Professional Rule of Life**

Take some time and consider what your professional rule of life is currently by contemplating the questions below. Approach question “C” in each section as a brainstorming exercise. Let it help you find material for answering question “D.”

**Professional Disciplines, Practices and Habits**

1. What have been the most powerful ***professional******disciplines,******practices and habits*** in your work life? Name at least three.
2. How have these influenced your professional work life, figured into who you are, and determined your career path? What is the nature of your professional disciplines, practices and habits? Are they developmental, do they contribute to organizational effectiveness and efficiency, do they increase your skills and competency, are they hit or miss, or missing?
3. In view of the career that you desire, the work you love, and the leader you want to become, what current professional disciplines, practices or habits need to be eliminated or changed and what disciplines, practices or habits might need to be added and developed?
4. After reviewing various professional disciplines, practices and habits, what two or three disciplines, practices and habits are you drawn to further explore and develop?

**Professional Relationships**

1. Over the years what have been the most powerful ***professional*** ***relationships*** in your life? Name two or three.
2. How have these professional relationships influenced your professional life and figured into who you are, where you are, and the work you are doing?
3. In view of the career you desire, the work you love, and the leader you want to become, what current professional relationships need to be changed or eliminated and what types of professional relationships need to be added and developed?
4. What one or two professional relationships are you drawn to change or develop?

**Professional Experiences**

1. What in the last few years have been your most powerful ***professional experiences***? Name at least two or three.
2. How have these professional experiences influenced your professional life and figured into your career?
3. In view of the career you desire, the work you love, and the leader you want to become, what professional experiences need to be eliminated or changed and what experiences need to be added and developed?
4. What two or three professional experiences are you drawn to change or develop?

**Responses to Your Professional Work Circumstances**

1. What are some present ***responses to your professional work circumstances***, negative or positive that come to mind? Name at least three.
2. How do these influence your attitude, your personal life, your professional life, your spiritual life and shape who you are becoming?
3. In view of who you want to become and the career you wish to pursue, what responses to your professional work circumstances need to be changed and what responses need to be added and developed?

How are you responding to what is happening in your professional work life? Thankful, unthankful, trusting, distrusting, honest, dishonest, denial, drawing nearer, drawing away, enduring, irritable, touchy, numb, jealous, envious, bitter, compassionate, sympathetic, apathetic, grace-filled, judgmental, etc.?

How are you responding to professional work successes, to set-backs, to pressures, disappointments, to unpleasant surprises…..with humility, grandiosity, shrinking back, barging ahead, stuck, tentative, decisive, etc.?

How evident are the fruits of love, joy, peace, patience, kindness, gentleness, understanding and self-control in your professional work life?

1. What one or two biblical and/or professional attitudes or responses to your work circumstances are you drawn to change or develop?